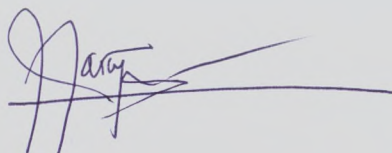


**PANEL DISCUSSION**

**BENCHMARKING WORKSHOP**

Partnership and Networking  
to Support Young Scientists  
in Southeast Asia Region:  
Scientists Meet Society

# PROGRAM BOOK



November 7, 2013  
Swiss-bellhotel, Jakarta



**SEAMEO REC FON**  
SOUTHEAST ASIAN MINISTERS OF ORGANIZATION  
REGIONAL CENTRE FOR FOOD AND NUTRITION



**Panel discussion and Benchmarking workshop**

**"PARTNERSHIP AND NETWORKING TO SUPPORT YOUNG SCIENTISTS IN SOUTHEAST ASIA REGION: SCIENTISTS MEET SOCIETY"**

Swiss-Belhotel, Jakarta, November 7, 2013

ORGANIZED BY



SUPPORTED BY



Directorate General of Higher Education

Ministry of National Education and Culture Republic of Indonesia



## **WELCOME REMARK**

**Drupadi Dillon, MD, PhD**

Director of SEAMEO RECFON University of Indonesia

In line with our mission, SEAMEO RECFON is holding this workshop with the objective to provide support to young scientists to become leader in health, nutrition and food research. The very strategic topic of this workshop is based on our responsibility as regional center to provide capacity building in food and nutrition activities in all SEAMEO member countries for the benefits of the community at large. Scientist, especially in the field of community nutrition, is supposed to provide recommendations based on his/her research topic - and communicate them to the local authorities, enabling the policy maker to implement policies more effectively. We invite experts, policy makers and our alumni to participate in this workshop, to share and exchange experience for us to come up with recommendations on how best we are able to achieve our goals.

This workshop will start with experience-sharing by highly distinguished Southeast Asians. The latter part is a workshop on two separate topics to gather valuable inputs from all participants and come up with recommendations.

Thank you very much for all participants.

## **COMMITTEE**

Chairs                      Helda Khusun, PhD  
                                    Rina Agustina, MD, PhD

Members : Dewi Fatmaningrum, MSc  
                                    Popi Widia Anggraini, SE  
                                    Rosita, SE  
                                    Dewi Maryani, SE  
                                    Apsah Radianita, SE!  
                                    Achmad Munawir

## **DATE AND TIME**

Day/Date : Thursday/ November 7<sup>th</sup>, 2013  
Time                      : 08.00-17.00 WIB

## **VENUE**

Swiss-Belhotel Jakarta

## **LANGUAGE**

English will be the official language of the program

## **BACKGROUND AND OBJECTIVES**

As the Centre of Excellence in human resource development in the area of food and nutrition in Southeast Asia region, SEAMEO RECFON has a mission to conduct research, education, capacity building, and information dissemination in food and nutrition through partnership for sustainable human resource development. Food and nutrition continue to be the relevant focus for SEAMEO RECFON and particularly focusing on Maternal and Child Nutrition.

Currently, connecting research and education to address problem of mother and child nutrition has a long way to go. One of the challenges is to improve capacity and prepare a young scientist across public health, food, and nutrition discipline to have a better engagement with society in developing countries. Therefore, SEAMEO RECFON is encouraged to facilitate on-going support for young scientist and public health professional to develop their research and publications as well as their role in the society.

For this purpose, SEAMEO RECFON acknowledges the importance of building partnership and networking with stakeholders from various institutions and individuals, including alumni of SEAMEO RECFON, young scientist, and all potential partners. This year, SEAMEO RECFON will conduct a panel discussion and workshop for young scientist and all potential partners, as an initiation of the establishment of the forum or institute for young scientists with the following objectives:

1. To exchange experiences and stimulate new ideas in providing support for young Indonesian scientists to conduct further studies in health, food, and nutrition.
2. To obtain ideas from various stakeholders and to initiate the establishment of the forum or institute for nutrition and health research of young scientists.

# AGENDA

## PANEL DISCUSSION AND WORKSHOP

### PARTNERSHIP AND NETWORKING TO SUPPORT YOUNG SCIENTISTS IN SOUTHEAST ASIA REGION: SCIENTISTS MEET SOCIETY'

08.00 - 09.00 Registration and Coffee morning

09.00 - 09.15 Welcome Remark: Director SEAMEO REC FON

09.15 - 09.30 Official Opening:

**Rector of Universitas Indonesia**

Represented by Bachtiar Alam, MA, MSi, PhD (Director of Research and Community Services, Universitas Indonesia)

**Secretary Directorate General of Higher Education**

Ministry of Education and Culture RI

#### PANEL DISCUSSION

Moderator : Rina Agustina, MD, PhD (FKUI and SEAMEO REC FON)

Rapporteur : Dr. Ir. Dwi Nastiti Iswarawanti, MSc

09.30 - 09.50 "Strategies and core elements to support career development of young nutrition scientists: experiences in Thailand"

**Assoc. Prof. Pattanee Winichagoon, PhD**

*(Institute of Nutrition Mahidol University, Thailand)*

09.50 - 10.10 "Development of forum or institute for young scientist: what are the necessary supports to be provided"

**Prof. Dr. Purwiyatno Hariyadi**

*(SEAFAST Center)*

10.10-10.40 Discussion

10.40 - 11.00 Coffee Break and networking

11.00 - 11.20 "Strategies and core elements to support nutrition young scientist: experiences in Malaysia"

**Prof. Khor Geok Lin, PhD**

*(International Medical University, Malaysia)*



11.20 -11.40 "Strategies and core elements to support development of young scientists  
in nutrition: experiences in Indonesia and Southeast Asia"

**Drupadi HS Dillon, MD, PhD**

*(FK UI and SEAMEO RECFON)*

11.40-12.10 Discussion

12.10 - 12.30 Photo Session

12.30 - 13.30 Lunch Break and networking

### **PARALLEL WORKSHOPS**

13.30 -14.30 v Workshop topic 1: "Model for partnership between academia and  
government at National and district level in food and nutrition program"

Resource Person : Assoc. Prof. Pattanee Winichagoon, PhD

Chair : Rina Agustina, MD, PhD

Rapporteur : Helda Khusun, PhD

—^ v/ Workshop topic 2: "Development of forum or institute for nutrition and  
health research for young scientist"

Resource Person : Prof. Khor Geok Lin, PhD

Chair : Dr. Umi Fahmida, MSc

Rapporteur : Dr. Ir. Judhiastuty Februhartanty, MSc

14.30 -15.30 Summary and recommendation

Helda Khusun, PhD (SEAMEO RECFON)

15.30 - 16.00 Coffee break and networking

## **SPEAKERS PROFILES**



**Bachtiar Alam, MA, MSI, PhD.**

Bachtiar Alam, PhD is a lecturer at the Department of Anthropology and Japanese Studies Program, Faculty of Humanities, University of Indonesia (Fakultas Ilmu Budaya-UI). Currently, he serves as a Director of Research and Community Services University of Indonesia (DRPM UI) since 2008. He was born in Makassar, South Sulawesi on March 6, 1958. He obtained his Bachelor Degree in Japanese Studies at the Japanese Department, Faculty of Humanities, University of Indonesia, 1984. He Completed his Master degree program, at the Department of Sociology, Faculty of Political Science, University of Indonesia, 1987. He completed his PhD degree from the Department of Anthropology, Harvard University, 1995.

He is also active in professional organizations such as the Indonesian Association for Japanese Studies (ASJI) (since 1995) and the Japanese Society of Cultural Anthropology (since 2003). One scientific publication ever produced is titled To Stay or Not to Stay: Diverse and Conflicting Interactions between Indonesian Nurses' Socio-Cultural Backgrounds and Their Work Environment, published in the journal Southeast Asian Studies, Vol. 49, No. 4, March 2012.



**Assoc. Prof Pattanee Winichagoon, PhD**

Professor Pattanee Winichagoon grew up in Bangkok, the capital city of Bangkok. Graduated with her first degree (BSc) in food technology. Her first job was in the newly established nutrition research laboratory at Ramathibodi Medical School, Bangkok. She founds her work on animal studies for her MSc was interesting, but what she also learned was how to use it for people. Her first encounter with village life was her most striking new experience after her MSc. She was fortunate to have worked with leading community nutrition pioneers in the country, Professor Sakom Dhanamitta and Professor Aree Valyasevi. While she enjoyed their simplicity, it was sad seeing so many children and women in poor nutrition and health. She was learning by doing for

some time. Later, she continued and graduated with a PhD in international nutrition at Cornell University.

Professor Pattanee has been working at the Institute of Nutrition, Mahidol University throughout her career. She has conducted research on micronutrient deficiency and interventions for children and women. She has also been involved with community-based national nutrition programmes. Thailand has been successful in alleviating malnutrition, because of strong participation of local communities and the hard work of the frontline personnel. The work has been very rewarding.

Based in Thailand since 1976 since her MSc in nutrition, and returned after her PhD in International Nutrition at Cornell University, where she graduated in 1991. Since then, she has conducted studies in community nutrition in two areas. One is to document community based programmes in Thailand; these have resulted in great improvements in child malnutrition since the 1980s. The other is efficacy studies of various micronutrient interventions in children, reproductive age women and pregnant women.

She was a deputy director of the Institute of Nutrition, Mahidol University, 2003-2007. She also conducted short term consultancy on community-based programmes with micronutrient intervention, as well as programme evaluations in various countries in the region. She served as temporary advisor to WHO, FAO, UNICEF and WFP, both globally and regionally. She has also participated in a number of consultancies in the South-East Asian for various UN agencies including WHO, FAO and UNICEF as a short term consultant or advisor to expert consultative meetings on micronutrients or community-based programmes.



**Professor Emeritus KHOR GEOK LIN PhD, FASc**

Professor Emeritus Dr Khor Geok Lin is currently the Dean of School of Health Sciences, International Medical University, Malaysia. Prior to that, she was a Professor of Community Nutrition in the Faculty of Medicine and Health Sciences, University Putra Malaysia. Prof Khor was conferred Professor Emeritus by university Putra Malaysia and was elected a Fellow of the Academy of Sciences, Malaysia on 27 April, 2013.

Professor Khor has led multi-disciplinary research teams that conducted interventions toward improving the nutritional well-being of low-income communities. Internationally, she has led multi-country research investigating nutrition transition outcomes. Her research interests straddle nutrition issues at the family, community and public health levels. Professor Khor has been actively involved in capacity development in nutrition not only in Malaysia, but internationally as well. Since 1996, she chairs a Technical Working Group for Training which spearheads nutrition training for the Ministry of Health, Malaysia.

Since 2004, Professor Khor has been a member of the Technical Advisory Group of the United Nations World Food Programme. She is a Scientific Advisor of the International Life Sciences Institute for Southeast Asia. Prof Khor has been teaching graduate students in the SEAMEO Regional Centre for Food and Nutrition, University of Indonesia for more than 15 years.

She is the chief editor of the Malaysian Journal of Nutrition, the official publication of the Nutrition Society of Malaysia, of which she is a founding member and trustee. She is an editorial board member of several international food and nutrition journals.



**Prof. Dr. Purwiyatno Hariyadi**

Prof. Dr. Purwiyatno Hariyadi is currently the Director of Southeast Asian Food and Agricultural Science and Technology (SEAFAST) Center of Bogor Agricultural University, INDONESIA (<http://seafast.ipb.ac.id/>). He is also a Professor of Food Process Engineering at Department of Food Science and Technology, Faculty of Agricultural Technology, Bogor Agricultural University. He finished his BS in Food Technology from Bogor Agricultural University (in 1984); and continued his study in the USA to obtain his Master (1990) and PhD (1995) in Food Processing with minor in Chemical Engineering, from the Dept, of Food Science, University of Wisconsin, Madison, USA.

He is actively involved as a consultant for government agencies as well as food industries in Indonesia. Professionally, he is involved with many organizations, among are the Institute of Food Technologist (IFT, USA; [www.ift.org](http://www.ift.org)) and the Institute for Thermal Process Specialists (IFTPS; USA; [www.iftps.org](http://www.iftps.org)), and the Indonesian Fortification Coalition (INDONESIA).

He was the president of the Indonesian Palm Oil Society (2005-2009) and the President of Indonesian Association of Food Technologist (IAFT) for two periods (2006-2008; and 2008-2010). Professor Hariyadi's interest is in the general area of food technology, with special emphasis on food processing and engineering; especially in the area of thermal processing (sterilization, pasteurization, food canning) and food irradiation. He has a passion in writing, and it is manifested in his role as the Chief Editor the monthly magazine FOODREVIEW Indonesia (<http://foodreview.biz/>) and Editorial Board - Info SAWIT. In January 2013 he was elected to the Indonesian Academy of Sciences; as a member of Commission of Engineering Sciences.



**Dr. Drupadi HS Dillon, MSc, PhD**

Currently, she is a Director for SEAMEO REFON Indonesia. She is a specialist in Clinical Nutrition, as well as senior lecturer in the Department of Nutritional Sciences Faculty of Medicine Jakarta. She has been teaching at SEAMEO TROPMED RCCN for more than 20 years. She has a medical doctor background and holds a MS in Applied Nutrition at the Faculty of medicine / SEAMEO, Jakarta. She also has a PhD in Nutrition of Wageningen Netherlands.

She has been a frequent speaker at scientific meetings both within or outside the country. Now is a member of "the Indonesian Doctors Association" (IDI), a member of "Association of Indonesian Physicians Clinical Nutrition" (PDGKI), members of the "Association of Indonesian Medical Doctor Nutrition" (PDGMI), and members of the "Association of Indonesian Anti-Aging Medicine" (PERKAPI).

## MODERATORS PROFILE



**Rina Agustina, MD, MSc, PhD**

Rina Agustina, MD, MSc, PhD is currently a lecturer and the Research Coordinator of the Department of Nutrition, Faculty of Medicine, University of Indonesia. She also serves as a Deputy Director Resource Management, of SEAMEO RECFON, Jakarta. She obtained her MD from the Faculty of Medicine, Gadjah Mada University (1997). She finished her Master (MSc) degree program in Nutrition at SEAMEO-TROPED and Faculty of Medicine, University of Indonesia with a fellowship from the German Technical Cooperation (GTZ) (2000). Rina has served the Ministry of Health, Republic of Indonesia to work as a physician at a primary health center in Menteng, Central Jakarta (1999). She has been lecturing for the MSc degree program in Community Nutrition at the Faculty of Medicine and at the SEAMEO-TROPED University of Indonesia for more than 12 years and as an associate for the Industry Council for Development (ICD) /SEAMEO/WHO cooperative program. She completed her PhD in Human Nutrition at Wageningen University, Wageningen, Netherlands through a fellowship from the International Nutrition Foundation/Ellison Medical Foundation USA (2012). She attended several courses, conferences and workshops, and published several scientific papers in highly reputable journals. She was selected to receive a fellowship from the Higher Education Network Ring Initiative Scholarship Program for a summer course program and to write two papers at the Harvard School of Public Health, Harvard University, Boston, MA, USA. She received awards from Rector University of Indonesia and the North American Society for Gastroenterology Hepatology and Nutrition and was selected as a featured fellow for the Nevin Schrimshaw International Nutrition Foundation, USA.



**Helda Khusun, MSc, PhD**

Helda Khusun, MSc, PhD is academic staff of SEAMEO RECFON. She joined this institution in 1995 when she received the scholarship from SEAMEO TROPED/DAAD for the Master

Program of Community Nutrition. In 1997, she finished her Master program and became one of the academic staff in SEAMEO TROPMEO RCCN (the former name of SEAMEO RECFON). She graduated from InstitutPertanian Bogor (Bogor Agricultural University) majoring in Food Technology and Human nutrition for her bachelor degree. She graduated from School of Population Health, University of Queensland, Brisbane, Australia for her PhD degrees. Her thesis title was "Explaining the Heterogeneity in Overweight and Underweight amongst Adult Indonesians, 1993-2007: The Influence of Compositional and Contextual Factors". She received Australian Development Scholarship from AusAid for their PhD degrees.



**Dr. Ir. Umi Fahmida, MSc**

Dr. Ir. Umi Fahmida, MSc is academic staff at SEAMEO Regional Center for Food and Nutrition (SEAMEO RECFON) at the University of Indonesia (UI) since 1997 and is currently Deputy Director for Program at SEAMEO RECFON. She earned her Doctorate degree in Nutrition (2003) and MSc in Community Nutrition (1997) from SEAMEO-TROPMED RCCN Faculty of Medicine, University of Indonesia and her bachelor's degree from Faculty of Agriculture Technology, Bogor Agriculture University (1995). She was awarded with GTZ Fellowship Awards for both her Master's and Doctorate studies. Her research interests are on the effect of nutrient and non-nutrient (psychosocial stimulation, genetic) interaction on infant/child growth/development and on dietary methodologies/applications particularly on the use of linear/goal programming to develop/evaluate food-based recommendations. She received Post-doctorate Research Award from SPIN-KNAW Netherlands for nutrigenomics / nutrigenetics study on the role of LC-PUFA and iron on child young child cognition and Best Researcher Award from University of Indonesia in 2009 and 2012.

## INSTITUTIONS OF THE PARTICIPANTS

- SEAMEO RECFON
- University of Indonesia (Medicine Faculty, Public Health Faculty)
- Institute of Nutrition Mahidol University, Thailand)
- International Medical University, Malaysia
- SEAMEO Biotrop
- SEAFAST Center
- Gadjah Mada University (UGM)
- Diponegoro University (UNDIP)
- Hasanuddin University (UNHAS)
- Brawijaya University (UNBRAW)
- Padjajaran University (UNPAD)
- Sriwijaya University (UNSR)
- Bogor Agricultural University (FEMAI PB)
- State Islamic University (UIN)
- Politeknik Kesehatan Surabaya (East Java)
- Politeknik Kesehatan Jakarta
- UNIKA Atmajaya
- Trisakti University
- Health Office (DINKES), Bekasi
- Health Office (DINKES), NTB
- Health Office (DINKES), NTT
- Dewan Riset - Badan Pendidikan Pelatihan Penelitian dan Pengembangan (BP4) Daerah Provinsi Nusa Tenggara Timur
- Millenium Challenge Account Indonesia
- Micronutrient Initiative
- Hellen Keller International
- World Food Programme
- Church World Service
- The Indonesian Public Health Association (IAKMI)
- Indonesian Diaspora Netherlands (IDN)
- Impulse Consult for Health BV, The Netherlands
- Perhimpunan Dokter Gizi Medik Indonesia (PDGMI)
- Nutrition and Health Consultant/Coach
- PT. Nusarish Bogaguna
- PT. Sari Husada